

COSMETIC TATTOO AFTERCARE INSTRUCTIONS

Please take the time to read this sheet and follow the simple steps to get the best post procedure results, this way your skin will heal within the minimum time and without any complications. You will be provided a small container of Bepanthen cream to get you started, this is an antiseptic and moisturizing cream, it is advised that you obtain a tube of Bepanthen, this can be purchased from any pharmacy or the supermarket (in the baby care section) and some cotton tips to apply the cream. Remember never reuse a cotton tip, always use a fresh tip every time you dip into the cream. The idea is to keep the area that has been tattooed clean and moist, this will help with the healing process.

With all Cosmetic Tattoos the colour will appear 20 - 30% darker for the first few days, and due to slight swelling your lips and eyeliner may not look straight. It will take about a week for the colour to settle in and the swelling to have settled and healing to be complete. Any adjustments to colour and shape are made on your second visit.

With all Cosmetic Tattoo treatments for the first week No cleansers, makeup, swimming, spas, direct running water on the area (this means do not have the shower running onto your face). Use a soft face washer to wash your face and only dab at the tattooed area gently, no rubbing. Cold pads can be applied to reduce any swelling. Your usual moisturizer can be applied.

EYEBROWS

The eyebrows will take about 7 - 10 days to heal, be patient, you cannot speed up this process. Apply a thin layer of Bepanthen cream to the eyebrows 5 - 6 times a day. Before applying new cream gently wipe off any remaining cream. If the skin feels itchy you are not applying enough cream so apply more frequently. As your skin heals it may become flaky or scaly do not pick or scratch at the skin by pulling the skin you may tear the skin and cause scarring. If your skin appears dry apply cream more often.

EYELINER

Eyeliner will normally heal within about 4 days, If a light colour eyeliner has been used the colour may fade up to 50%, remember we can make it slightly darker on your next visit. Do not use mascara until healing is complete and do not rub the eyes. Apply the Bepanthen cream to the eye line with a cotton tip 3 - 4 times a day, keep the area feeling moist. For the first day or two your eyes may appear swollen, apply cold pads to the eye area several times during the day to reduce any swelling. Try to avoid crying as you tend to rub your eyes with tissues while crying. Remember any adjustments in thickness and colour will be made on your second appointment.

LIPS

Immediately after treatment your lips will appear swollen and much darker than the colour that was decided upon during the consultation, the colour will subside over the next week, your lips will feel very tender and may have a tender tingling feeling for up to a week if you had a full lip treatment. Lips heal quite quickly in 3 - 4 days or up to a week for full lip treatment, the idea is to apply enough Bepanthen cream to keep them moist so that they don't dry out and become flakey and peel. If you have dry pieces of skin do not pull or pick at them let the lips exfoliate naturally. Apply the Bepanthen cream to the lip area as often as required to keep them moist, if you are not applying enough cream your lips will start to feel tight.

For the first few days do not wear lipstick, no hot drinks or spicy foods.

It is advised not to kiss anyone until the healing process is complete, this is to avoid contact with cold sore sufferers.cont page 2

After healing your lips may feel dryer than normal for a few months keep applying the Bepanthen cream daily.

Note. If you have ever had a cold sore or Chicken Pox having your lips tattooed may cause an out break of cold sores on the lip area, to minimize this from happening it may be advisable that you take an antiviral such as L-lysine one week prior to your treatment and after treatment apply Zovirax cream to the lips, please discuss this with your doctor prior to your procedure. Even so you still may get a cold sore after having your lips tattooed if you have ever had cold sores or chicken pox in the past.

LONG TERM CARE

It is advisable to wear a moisturizer with a sunscreen everyday and to use a lip balm with a sunscreen at all times. Always wash your face in warm, not hot, water and avoid using soap on your face, with proper care your Cosmetic Tattoo will last many years.

If you have any questions about the care of your Cosmetic Tattoo please feel free to contact me.

If you have any questions about the aftercare for your Cosmetic Tattoo please feel free to contact me.

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